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ABSTRACT SUBMISSION

Diet, deficiencies and health status of a Neolithic island population (Khirokitia, Cyprus, 7th-6th mill. cal. BC)

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Abstract

There are many aspects to our understanding of food and its history and many disciplines contribute to our understanding of the diet of ancient societies. We present here an integrated study undertaken on the Aceramic Neolithic site of Khirokitia (Cyprus, 7th-6th millennia BC), which has yielded one of the largest burial series in the Near Eastern Pre-Pottery Neolithic with at least 243 individuals including a high proportion of infants less than one year old. The site offers an exceptional opportunity to analyse the effects of insularity on a Neolithic population. By combining zooarchaeological and archaeo-botanical findings with nutritional approaches (carbon, nitrogen and calcium isotope analyses, palaeoparasitology), macroscopic palaeopathological analyses and micro-computed tomography imaging, it was possible to identify the dietary habits of the villagers. Despite the proximity of the sea, their diet was mainly based upon terrestrial resources. The study revealed that the inhabitants of the village suffered from deficiency diseases such as neonatal scurvy; previously unknown in the Near Eastern Pre-Pottery Neolithic, as well as anaemia. These observations raise the question of the origin of such deficiencies, which can rapidly become fatal as suggested by mortality profiles.

Keywords

Diet, isotope anlyses, health status, Neolithic, Cyprus

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